

## **Chapter 4 – Psychological Development**

- I. Development
  - a. Nature-Nurture
    - i. Nature = Genetic (Deterministic)
    - ii. Nurture = Environmental (Deterministic)
    - iii. Equal importance.
    - iv. Interaction (Some genetic potential, which is modulated by the environment)
  - b. Maturation
    - i. Unfolding of plan (primarily "nature")
    - ii. Behaviorists say there's no "blueprint," but that the environment demands the phases of development. You learn to crawl before walking not because it's scripted, but because it's a necessary step.
  - c. Continuity vs. Discontinuity
    - i. Development is a continuous process? Or are there "stages" that are qualitatively different?
    - ii. Current theories focus mainly on discontinuity.
  - d. Critical Periods
    - i. Periods of development that hold special importance
    - ii. Conrad Loren (animal behavior biologist)
      - 1. Imprinting (Ducks latch onto the first face they see regularly, even if it's not really their mother)
      - 2. Only happens when there's low probability of being "tricked," or Natural Selection would have eliminated the species at risk.
      - 3. Must happen when
    - iii. Harlow's Deprivation Experiment
      - 1. Raised monkeys in isolation
      - 2. Monkeys couldn't cope when reintroduced to social environment.
      - 3. "Contact Comfort" experiment
        - a. Monkeys exposed to two artificial mothers one soft, one made of metal.
        - b. They always preferred the soft "mother," even when the other was holding food.
      - 4. Social pressures will eventually bring about the traits meant to be formed earlier.
  - e. Research Methods
    - i. Longitudinal
      - 1. Follow the same group of people over time, and observe changes.
      - 2. Rarely used.
      - 3. Difficult to retain subjects.
      - 4. Can't show results right away discourages funding.
    - ii. Cross-sectional
      - 1. View groups of people at different ages at the same time.
      - Neglects developmental changes that occurred due to cultural events (people living through WWII might behave differently on account of the experience)
      - 3. Affected by the rapid cultural development presently (1600 to 1650 vs. 1900 to 1950)
    - iii. Cross-sequential
      - 1. View groups of people at different ages *over* time. Take someone who's 0, 5, 10, 15, 20, and study them all for five years.
      - 2. Culture affects everyone equally.
- II. Language
  - a. Uniquely human trait

- b. Chomsky (Language Acquisition device)
  - i. Children worldwide learn language in the same pattern, so there must be an innate device in the mind
  - ii. Ability to speak is genetic. Language is not.
- c. Morphemes = Most basic building blocks of language that still have meaning.
- d. Babbling (infants) Random syllables. Use of all morphemes. Can say sounds their parents cannot.
- e. One-Word stage (nouns first, since verbs can be inferred)
- f. Two-Word stage (syntax; linking nouns and verbs)
- g. Behaviorists would argue "Language develops the same cross-culturally because language is *used* the same cross-culturally."
- III. Piaget
  - a. Shemas ('Scripts' for a concept. EG: "Dog" might be a schema for "Four-legged animal" which is modified as words are corrected.)
  - b. Assimilation = Modifying Example
  - c. Accomadation = Modifying Schema
  - d. Stages of Cognitive Development
    - i. Sensory Motor (Birth > 2)
      - 1. Sensorimotor intelligence (innate)
      - 2. Mental representations (memories of objects a way to visualize things)
      - 3. Object Permanence (objects exist even when they are not visible)
      - ii. Preoperational (2 > 7)
        - 1. Higher level of cognition
        - 2. Egocenterism (Self-centered (e.g.: Covering one's own ears prohibits anyone else from hearing)
        - 3. Animistic Thinking (Personifying inanimate objects. No distinguishing between animals/others.)
        - 4. Centration (Ability to manipulate one factor at a time. E.G. Piaget's water experiment.)
    - iii. Concrete Operational Stage (7 > 11)
      - 1. Conservation (Ability to manipulate multiple factors. E.G. Piaget's water experiment again.)
      - 2. Higher mental operations.
    - iv. Formal Operation (12+)
      - 1. Abstractions (e.g.: Love, mathematics)
      - 2. 20-Questions example ability to generalize.
  - e. Criticisms of Piaget -- Inability to *express* doesn't follow automatically with inability to *conceive*.
- IV. Kohlberg
  - a. Moral development
  - b. Used an example of theft to save a life as basis for determining level of morality.
  - c. <Refer to Table 4.2, page 139>
  - d. Criticized for being too male-oriented (women are more care-oriented, as opposed to the abstract notions from his test)
- V. Attachment Theory
  - a. Ainsworth "Strange Situation"
  - b. How will children react in the absence of their parent?
  - c. Securely attached vs. Insecurely attached children behave differently (some explore, some cry)
  - d. Affected by temperment and Parenting style (sensitive/responsive)
- VI. Parenting Styles
  - a. Permissive yields immature and impulsive
  - b. Authoritarian yields indecisive, dependent, fewer friends, less curiosity
  - c. Authoritative (parents are ultimate rule makers, but bet feedback from children)
- VII. Erickson
  - a. (B > 1.5) Trust vs. Mistrust
  - b. (1.5 > 3) Autonomy vs. Shame/Doubt
  - c. (3 > 5) Initiative vs. Guilt
  - d. (6 > 11) Industry vs. Inferiority
  - e. (12 > 18) Identity vs. Role Confusion

- f. (Young Adult) Intimacy vs. Isolationg. (Middle Adult) Generality vs. Stagnationh. (End of Life) Ego Integrity vs. Despair